

# Valor Recreation Therapy – November 2022

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday					
				1		2		3		Wear Red Friday 4		5					
Low Vision Low Hearing Update Assistance is available.				0900 Fall Games Events PR 1000 Chair Exercise PR 1330 Bingo! 		0900 Fall Games Events PR 1000 Chair Exercise PR 1330 Fall Games PR 1400 Matinee 		1000 Fall Games Event Drum PR 1000 Chair Exercise PR 1330 Fall Games Events PR		0800 Protestant Service 0900 Chair Exercise PR  1000 Piano 1600 Dry Bar Comedy		0900 Chair Exercise  College Football 1800 Movie Ch 4					
				Fall Back.....Time 2am 6		7		8		9		10		Wear Red Friday 11		12	
0830 Individual Visits IR 0900 Catholic Svc CH 1030 Protestant Svc CH NFL Football On TV!		0900 Crosswords 1000 Chair Exercise  1330 Ice Cream		0900 Chair Exercise 1000 Ole Time Radio 1330 Bingo! 		0830 Newsworthy 1000 Chair Exercise 1000-1200 IL Art Show 1130 Fall Cookout 1400 Matinee 		1000 Marine Birthday Ceremony 1400 Veterans Day Ceremony				0900 Chair Exercise  1000 Royal Pet Visit IR 1800 Movie Ch 4					
				13		14		15		16		17		Wear Red Friday 18		19	
0830 Individual Visits IR 0900 Catholic Service CH 1030 Protestant Service CH NFL Football On TV!		0830 Café Crew PR 0900 Fall Art 1000 Chair Exercise  1330 Trains		0830 Coffee n History 1000 Chair Exercise PR  B-Day LUNCH!! 1330 Bingo! PR 		0830 Newsworthy 0900 Chair Exercise PR 1000 Town Hall CC 1400 Matinee 		0900 Chair Exercise 1200 YUM YUM Order out PM  "Cooper" Pet Visits		0800 Protestant Service 0900 Chair Exercise 1800 Movie Ch 4		0900 Chair Exercise  College Football 1800 Movie Ch 4					
				20		21		22		23		24		Wear Red Friday 25		26	
0830 Individual Visits IR NFL Football On TV! 0900 Catholic Service CH 1030 Protestant Service CH 1330 Chit Chat PR		0900 Baking Pies  1000 Chair Exercise PR 1330 Ice Cream Social		1000 Chair Exercise PR 1330 Bingo! PR  1800 Movie Ch 4		0900 Chair Exercise PR 1000 Fall Fest 		Happy  Thanksgiving Lunch 1130		0800 Protestant Service 0900 Chair Exercise PR 1000 Homemade Christmas ornaments		0900 Chair Exercise 1000 Royal Pet Visits  1800 Movie Ch 4					
				27		28		29		30							
0830 Individual Visits IR 0900 Catholic Service CH 1030 Protestant Religious Services CH		0900 Word Games 1000 Chair Exercise PR 1300 Virtual Travels		0900 Homemade Christmas ornaments 1000 Chair Exercise 1330 Bingo!		0900 Door and Tree Decorations 1000 Chair Exercise PR 1400 Matinee 				Skype and or Zoom is available with family and friends							
LOCATION KEY AT = Activity Room CC = Community Center CH Chapel		F = Front Entrance IR = In Room PT = Patio PR- Piano Room		TV = TV Lounge TH = Theater Ch = Church		Leisure supplies and resources please call 897- 4432		Channel 4 Senior TV Virtual Travels 1300 Exercise 0900		Dry Bar Comedy 0700, 1600, 2300 Quarterly Memorial 0845, 1200, 2230 Movie 1800							

